# **BREAKFAST MENU**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Continental Selection						
A Selection of Breads For Toasting with Spreads & Preserves	A Selection of Breads For Toasting with Spreads & Preserves	A Selection of Breads For Toasting with Spreads & Preserves	A Selection of Breads For Toasting with Spreads & Preserves	A Selection of Breads For Toasting with Spreads & Preserves		
A Selection of Continental Meats & Cheeses	Continental Selection A Selection of Breads For Toasting with Spreads & Preserves	Continental Selection A Selection of Breads For Toasting with Spreads & Preserves				
A Selection of Cereals						
Greek Yoghurt With a Selection of Toppings	Greek Yoghurt With a Selection of Toppings	Greek Yoghurt With a Selection of Toppings	Greek Yoghurt With a Selection of Toppings	Greek Yoghurt With a Selection of Toppings		
Fresh Fruit	Selection of Cereals	Selection of Cereals				
Blue Berry Muffins	Cinnamon swirl	Chocolate Twist	Croissants	Blue Berry Muffins	Fresh Fruit	Fresh Fruit
Cooked Breakfast						
Cheese on Toast	Pork Sausage	Bacon and Cheese	Boiled Eggs	Bacon and Egg		
Hash Browns	Chicken Sausage	Turnover	Potato Waffles	Muffin		
Baked Beans	Potato Waffles	Hash Browns	Baked Beans	Hash Browns		
Porridge	Baked Beans	Baked Beans	Porridge	Baked Beans		
	Porridge	Porridge		Porridge		

# **LUNCH MENU**

MONDAY

Soup of the Day Roasted Red Pepper & Tomato Soup Lunch

Tuscan Roast Chicken with Cannellini Beans

Napolitan Beany Pasta

Sweet Herb Crushed New Potatoes

> Carrot Baton Broccoli

> > Pudding

Peach Crumble Custard

### TUESDAY

Soup of the Day Carrot and Coriander Soup

Thai Green Chicken Curry Tofu, Veg and Black Bean Stir Fry

Lunch

Wholegrain & White Rice

> Stir Fried Greens Prawn Crackers

> > Pudding

Pear Upside Down Cake Custard

#### THURSDAY

Soup of the Day Spicy Butternut Squash Lunch Sausage and mash

Cherry Tomato and Red Onion Puff Pastry Tart

WEDNESDAY

Yorkshire Pudding

Mashed Potatoes

Garden Peas Cabbage

Pudding

Chocolate & coconut jam sponge

Custard

Soup of the Day Mushroom soup

Lunch Chicken & Leek Pie

Vegetarian Cottage Pie

New Potatoes

Sweetcorn

Green Beans

Pudding

Creamed Rice Pudding

#### FRIDAY

Soup of the Day Tomato & basil Lunch Fish Fingers

Char Grilled Chicken Breast

Edamame Bean & Chive Frittata **Chipped Potatoes** New Potatoes

> Mushy Peas Garden Peas

Pudding Sponge

CustardFresh Home

### SATURDAY

Lunch

Chicken Nuggets, Chicken Drumsticks. Chicken Wing,

> **Quorn Dippers** Tortilla Wrap

**Curly Fries** New Potatoes

Mexicana Tomato Cheese Nachos

Coriander & Chilli half Corn Cob Pudding

Water Melon Wedge Fruit Platter Greek Yoghurt

SUNDAY

**Continental Selection** Full English Cooked Brunch

> Fried Egg Bacon

Pork Sausage, Chicken Sausage **Vegetarian Sausages** 

Potato Waffle

Sautéed Mushrooms

Baked Beans

Plum Tomatoes



# **SUPPER MENU**

MONDAY

Caiun Beef Chilli & Beans

Sweet Potato & Carrot Falafel

> Pitta Bread Hummus

Minted Cucumber and **Yoghurt Dressing** 

Wholegrain & White

**Baked Courgettes** 

Spiced Sweetcorn with lime

Pudding

Eton Mess

Harissa and Lemon **Roasted Chicken** 

TUESDAY

Butternut Squash and Harissa Tagine Sautéed Potatoes

**Pomegranate Jewel** Couscous

Jacket Potato

**Roasted Vegetables** 

Pudding

Syrup Sponge Custard

Roast Pork Loin **Roast Chicken** 

Sweet Potato & Chickpea Roast

Drumsticks

WEDNESDAY

Roast Potatoes

Honey Roast Carrots

Honey Roast Parsnips

Pudding

Chocolate Brownies

Butter Chicken Curry **Roast Cauliflower &** Chickpea Korma

THURSDAY

Pilau Rice

Onion Bhaji Bombay potatoes

Smoky Roasted

Cauliflower

Pudding

Bread and Butter Pudding Custard

Americano Fresh Dough Pizza Italian Panzanella Salad

FRIDAY

Stone baked Margherita Pizza

Italian Panzanella Salad

Wholemeal Pasta

**Tomato Sauce** 

**Basil & Parmesan** Pistou

Garlic & Herb Wedges

Pudding **Cheesecake Pot** 

**Beef Stroganoff** Mushroom Stroganoff

SATURDAY

Potatoes Rosti

Green Beans Broccoli

Pudding

Sweet Waffle Toffee Sauce

Vanilla Cream Chantilly

SUNDAY

Jerk Chicken Leg

Pico De Gallo

Mexican Black Bean Stew

Sticky Coconut Rice

Garden Peas

Roasted Corn and Red Pepper

Pudding

**Chocolate Cream** Profiteroles

A selection of salads and selection of fruits will be available each day.

